

Contact Us

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Community Supports

UR Med Crisis Call Line (24 hours)
(585) 275-8686

National Suicide Prevention Hotline (24 hours)
9-8-8 or online chat platform at
<https://suicidepreventionlifeline.org/chat/>

National Parent Helpline
Monday - Friday, 1-10pm 855-427-2736

Crisis Text Line (24 hours)
Text MHA to 741741 and you'll be connected with a trained Crisis Counselor

Trevor Project (24 hours)
Suicide Hotline:
1-866-488-7386
TrevorChat:
<https://www.thetrevorproject.org/get-help-now/>
Trevor Text:
Text **START** to 678678



Mobile Mental Health Team



About MMHT

The District-Wide Mobile Mental Team was created to help address the mental health needs of students at schools without access to on-site therapeutic mental health services.

- Made up of two (2) clinicians who are knowledgeable in social-emotional wellness and mental health support, specific to K-12 students.
- Provide limited support to scholars in buildings with clinics who do not receive therapeutic mental health services.
- Serve a minimum of 100 students per year.

Our Vision, Mission & Services

Vision

Activiating dreams and unlocking potential.

Mission

We cultivate a culture of academic excellence for all and a community of empathy, equity, and accountability that empowers students to succeed beyond graduation.

Services

- Screening and assessments
- ERSS Counseling (4-6 weeks)
- Consultation with building-level MTSS/SEL/Crisis Teams
- Building level professional learning
- Psychoeducation for parents and families
- Connection to resources
- Support in-school community clinics
- Support RCSD Restorative HUB re-engagement meeting and mediations
- Additional mental health supports following a TIG crisis

Schools

Ms. Sheppard **Dr. Tilbe**

4	5
7	8
9	12
16	15
23	17
33	19
34	22
35	25
46	28
52	42
53	45
54	50
	58

RIA	WOI
East	East
Padilla	SWW
Edison	SOTA
All City	Padilla
Monroe	Wilson
Johnson	Thomas
Marshall	Northwest
Langston	Home Hosp.
Home Hosp.	Early College